



# FARMINGDALE PHYSICAL THERAPY WEST

## WE WON!

### BEST PHYSICAL THERAPIST 2016

The results are in! FPTW has been voted Best of Long Island in the category of Physical Therapist for 2016 — the second year in a row. Thank you to everyone who supported us and helped make this possible.



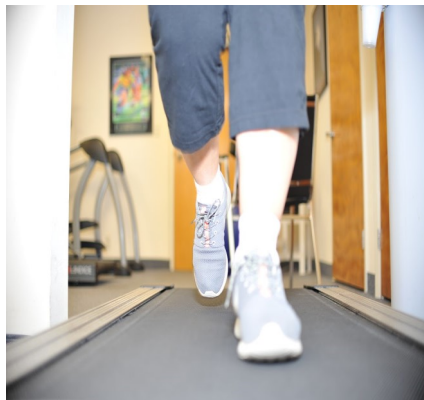
FPTW has the best patients on Long Island. To celebrate this honor, we will be hosting a *Patient Appreciation Day* on May 9, 2016 from 10:00 AM to 6:00 PM in the Bethpage office.



Henry "Butch" Purslow, DPT voted Bethpage FCU Best Physical Therapist of Long Island 2015 & 2016.

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# QUARTERLY NEWS

April 2016 | ISSUE TWO

## NEW LOCATION IN RONKONKOMA

*FPTW opens second location in Suffolk County*

We are pleased to announce that FPTW has opened a new office in Ronkonkoma in Suffolk County. Located at 700-3 Union Parkway, about 1 mile south of the Long Island Expressway and 1 mile north of Sunrise Highway.

Proudly serving: Ronkonkoma, Lake Ronkonkoma, Bohemia, Medford, Patchogue, Sayville, Holtsville, Oakdale, Islandia, Bayport, Holbrook, Hauppauge, Smithtown, Blue Point, and Lake Grove. To set up your appointment at this location, call (516) 731-3583.



## ZERO-GRAVITY TREADMILL:

The Future has arrived in Bethpage  
*Alternative to Aquatic Therapy*

# ALTER G



### ANTI-GRAVITY TREADMILL®

FPTW purchased for the Bethpage clinic the most advanced treadmill on the market, the Alter G Anti-Gravity Treadmill. With the Alter G, patients can run and walk without

bearing their weight, reducing the impact on the body to optimize rehabilitation and physical therapy outcomes.

Its Differential Air Pressure (DAP) technology applies a lifting force to the body that reduces weight on the lower extremities and allows precise unweighting up to 80% of a person's body weight. This allows us to more easily pinpoint pain and modify movement to allow for return to natural movement. You can contact the front desk at (516) 731-3583 to set up a free demonstration.





# HEALTH & WELLNESS SECTION

## The Weight Loss Intervention Center



East End Occupational Therapy is a premiere practice that specializes in hand & upper extremity injuries, as well as custom splint fabrication. EEOT has been well received by the physicians and residents of Nassau County. We are proud to serve the community and we remain committed to providing quality patient care. To schedule an appointment please contact us at either of our two locations in Bethpage (516) 731-3583 and Ronkonkoma (631) 676-4185. Visit us at [eastendot.com](http://eastendot.com)

### MEMBER:

- AMERICAN SOCIETY OF HAND THERAPISTS



We are happy to announce WLIC has won Best of Long Island 2016 Weight Loss Center!

WLIC has worked with people who suffer with weight problems for over

20 years and has developed strategies that have been proven effective and successful. Please call (516) 731-3583 to inquire as to programs and schedule a complimentary consultation. Visit us at [wliclongisland.com](http://wliclongisland.com)



FPTW is a certified Sols Orthotics Provider. Sols insoles are customized to your foot structure using advanced data capture technology, and are made using an ultra-thin and flexible leather & a durable nylon core.

Sols Insoles will help eliminate foot pain with responsive shock absorbing support, and reduce joint pain by promoting proper body alignment. To set up a consultation, please Contact Rich Purslow at (516)731-3583.

## ACUPUNCTURE

FPTW is pleased to announce that Acupuncturist **Judy Kim L.AC.**, has joined our Wellness Center in Bethpage.

Acupuncture originated in China. Over the past 2 decades it has grown in popularity in the United States. Acupuncture involves the insertion of needles at acupuncture points to encourage the body to heal itself and to improve functioning. These acupuncture points are located along channels of energy, called meridians, which run in regular patterns through the body. *Please contact our front desk at (516) 731-3583 to set up a consultation with Judy.*



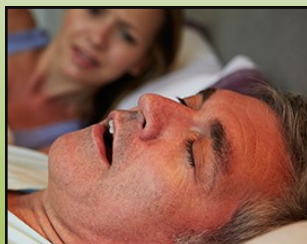
## Massage therapy

Margie Magee RN, LMT

Call to schedule your appointment today! (516) 330-9817

## ORAL APPLIANCE THERAPY: SOLUTION FOR OBESITY & SLEEP APNEA

The prevalence of Obstructive Sleep Apnea (OSA) in obese or severely obese individuals is nearly twice that of normal-weight adults. It is possible that obesity may worsen OSA because of fat deposition at specific sites. One in five adults has mild OSA and 1 in 15 adults has moderate to severe OSA.



Depending on the severity of OSA, treatment options include oral appliance therapy, CPAP and surgery. Oral appliances are custom fitted mouth guards specifically manufactured for you, and are best indicated for people who snore, have mild to moderate OSA and are CPAP intolerant, grind their teeth, and have TMJ and facial pain.

Dentists with training in oral appliance therapy are familiar with the various designs of appliance. The dentist will work with your medical professional as part of the team in your diagnosis. For more information please contact dentist and long time FPTW friend, Dr. Larry Cohen at (516) 731-0525 or visit him at his office located at 190 Hicksville Road, Bethpage, New York 11714.

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